

PHYSICAL



Get fit with discounts on your monthly gym fees with Multiply and Planet Fitness.

At a glance

Planet Fitness aims to provide you and your family with a unique, fun-filled fitness experience that will inspire you to get and stay fit and healthy. From the moment you walk through the doors at any Planet Fitness health club, your every need is taken care of and every training experience will exceed your expectations.

Multiply introduced the Save as you Gym™ benefit to positively incentivise members to become more active and exercise more regularly. Members truly experience the positive effects of the Save as you Gym™ benefit and it has become one of the cornerstones of our Multiply programme.

For more info visit www.planetfitness.co.za

What you get

Premier

Multiply's Save as you Gym™ benefit allows you to get up to 80% discount on your monthly gym fee and you only pay a once-off activation fee of R749.

The 80% discount is made up as follows:

A fixed gym visit discount of 60% on your monthly gym membership fee for the first six months of your membership.

Receive an additional fitness discount of 20% on completing a Multiply fitness assessment every 6 months.

From your seventh month onwards, a gym visit discount of between 20% and 60%, based on your average gym visits over a rolling three-month period to a maximum of R500.

The overall discount you get will not exceed R500 per member, per month.

The following table below summarises the Save as you Gym™ benefit:

Activity category	Number of gym visits* per month	Gym visit discount	Fitness discount**	Monthly discount
Irregular	3 or less visits*	20%	20%	40%
Occasional	4-6 visits*	30%	20%	50%
Intermediate	7-9 visits*	40%	20%	60%
Moderate	10-12 visits*	50%	20%	70%
Frequent	13 or more visits*	60%	20%	80%
	Maximum discount	R500		R500***

- * Visits will be based on average visits over a rolling three-month period.
The discount will be applied with a one-month delay.
- ** The fitness discount will only apply if a member has done a fitness assessment.
The discount will be applied with a one-month delay.
- *** The total combined monthly discount will not exceed R500 per member, per month.

You will also get an Active Day every time you visit the gym.

You can complete a Multiply fitness assessment through the Wellness Coaching Network for only R260.

Provider

The Planet Fitness Save as you Gym™ benefit is not available for members on Multiply Provider.

Starter

The Planet Fitness Save as you Gym™ benefit is not available for members on Multiply Starter. Upgrade to Multiply Premier. SMS 'JOIN' to 40717, or call 0861 100 789.

How it works

How to get it

Multiply members pay a once-off activation fee to enjoy the gym benefit. The activation fee is R749 per person.

You must take your green bar-coded ID document and Multiply membership card to the Planet Fitness health club of your choice.

You will complete an application, as well as provide banking details for the collection of the activation fee and monthly debit order and pay a card fee. Please note that the first month or pro-rata fee plus the once-off activation fee will be debited from your account within 48 hours of signing up at the gym.

Using the benefit

The benefit is based on the standard one-year Planet Fitness retail membership rate, which varies by club type and does not apply to any membership specials that Planet Fitness may run.

You need to visit the gym at least 24 times per year to enjoy the Save as you Gym™ benefit.

We measure your visits over a rolling 12-month period. If you don't reach the 24 visit requirement in 12 months, your monthly discount will reduce to a 10% discount on your gym fees.

To reactivate your Save as you Gym™, you don't need to pay a reactivation fee, but you will have to increase your visits to reach the minimum 24 visits over a rolling 12-month period. When you have reached the 24-visit requirement, your Save as you Gym™ benefit will be reactivated.

Members are responsible for ensuring that the gym accurately records visits. If the Planet Fitness systems are offline, you must request to have your visits recorded manually in the register provided at reception.

A transfer between clubs or a membership downgrade requires a once-off administration fee determined by Planet Fitness.

The standard Planet Fitness Ts & Cs apply. The standard Multiply Ts & Cs apply.

