

Welcome to Planet Kids

Please take note of the following information to enable us to provide a safe, happy and effectively run facility for your child.

Age Restrictions:

- Babies, toddlers and children from the age of 6 months up to and including 7 years of age may utilise the Planet Kids facility.

Exclusive to Members:

- Planet Kids is exclusively for use of Planet Fitness junior members
- All junior members must be in possession of a Planet Fitness access tag

Service to parents whilst training in the club:

- Children may not be left in Planet Kids for longer than 2 hours per day
- The parent/legal guardian must always remain on Planet Fitness premises, i.e. in the club, while their child is left in Planet Kids.

Dropping off your child:

- The parent/legal guardian is required to 'sign-in' their child by completing the Daily Attendance Register in full.

Orientating your child into a new environment:

- Children should be settled and feel secure before being left in Planet Kids
- Should a child cry for longer than 10 minutes, the parent/legal guardian will be called to comfort him/her.

Collecting your child:

- The parent/legal guardian is required to 'sign-out' their child in the Daily Attendance Register and must present their access tag
- Only the same parent/legal guardian that signed the child in, is permitted to sign the child out of Planet Kids.

Nappies and Toilet Training:

- Planet Kids attendants will change disposable nappies if necessary (a clean disposable nappy and wet wipes must be provided in a labeled bag)
- For your child's comfort, please ensure that he/she is changed into a fresh nappy prior to arriving in Planet Kids
- If a child has only recently been potty trained, a spare set of clothes in a labeled bag is required.

Bringing in refreshments:

- Children should be adequately fed prior to being left in Planet Kids, as food may not be brought into the facility for safety reasons
- Providing liquid refreshments, however, (preferably water) is encouraged especially if the weather is hot and the child's visit is likely to exceed an hour. Juice or baby milk/formula must be pre-mixed in a bottle or sippy-cup, clearly labeled with the child's name.

Illness:

- Children who are ill will not be allowed in Planet Kids until they are fully recovered.

Member's own Child-minders:

- We do not permit members to bring their own child-minders to attend to their children in Planet Kids.

Operating hours:

- Planet Kids operating hours are displayed in each club and may vary from club to club.

Change rooms:

- Please note that children over 4 years of age are not permitted to accompany their parent/guardian into the change rooms of the opposite gender.



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